

Michael R.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Hiking
- Activities with my family
- Baseball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 182