

# Bert D.



**Certified Personal Trainer**  
**Team Member Since: 2005**

## Education & Certifications

- BS in Business Administration from University of South Carolina
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Keeping up with my 11 year old Soccer, Basketball and Volleyball
- Weight training
- Outdoor activities



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 186