

Jennifer R.



Certified Personal Trainer
Master Trainer
Team Member Since: 2001
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist

Hobbies and Achievements

- Hiking
- Fly Fishing
- Horseback Riding
- Health and Nutrition



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 195

