

Lonna A.



Certified Personal Trainer
Master Trainer
Team Member Since: 2006
Sessions Serviced: 20,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

Hobbies and Achievements

- My children
- Weight training
- Travel



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 197

