

Albert L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Psychology from Claremont McKenna College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- SCIAC All Conference Team Track/Field 2000-2004
- SCIAC Hammer Throw Champion 2003, 2004



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 198

