

# Andrew C.



**Certified Personal Trainer  
Team Member Since: 2010**

## Education & Certifications

- BA in Government & Biology from University of Texas
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Soccer
- Rugby
- Running
- Kayaking
- Mud runs



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 202