

Erica P.



Master Trainer
Fitness Manager
Team Member Since: 2006
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Kinesiology - Motor Behavior from Texas A&M
- Master trainer
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Functional Fitness
- Outdoor Sports
- Reading, history, science, and astronomy



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