

Lenard C.



Team Member Since: 1998

Education & Certifications

- BS in Sports Management from University of Texas at Austin
- USA Swim Certified
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Basketball
- Music
- Poetry
- Swimming
- Track and Field
- Writing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 202

