

Kristin G.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- BS in Exercise and Wellness from Arizona State University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Athletic strength and conditioning
- Aquatic training
- Active aging adult clientele
- Kettle bell training
- Softball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 203

