

Kristin T.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Body Pump, PiYo & Silver Sneakers Instructor
- "Mommy Makeover" training
- Nutrition Guidance
- Tennis
- Outdoor Family Activities



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 203