

Cam M.

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

- Running in events (Tough Mudder, Gladiator)
- Lifting weights for recreation
- Ironman award in squad leader school in Marines
- Dirt Biking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 205