

# Shane B.



**Certified Personal Trainer  
Assistant Fitness Manager  
Team Member Since: 2013**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Certified Group Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Enjoy golfing
- Former Member of National Long Drivers of America Longest Drive 412 yards
- Hiking Arizona mountains
- Playing basketball
- Personal training for over 10 years



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 205

