

# Michael W.



**Master Trainer**  
**Assistant Fitness Manager**  
**Team Member Since: 2006**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS in Human Performance from Prairie View A&M University
- BS in Health from Prairie View A&M University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Church
- Wife
- My Children
- Sports



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 206