

Michael W.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2006
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Human Performance from Prairie View A&M University
- BS in Health from Prairie View A&M University
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Church
- Wife
- My Children
- Sports



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24hourfitness.com/personaltraining

Club ID: 206