

Arthur S.



Team Member Since: 2010

Education & Certifications

- BS in Kinesiology/Health Promotion and Fitness from University of Texas
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Strength and Conditioning Assoc. - Certified Personal Trainer

Hobbies and Achievements

- Fitness training
- Writing music
- Comic books
- Philosophy
- Nutrition



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Club ID: 208

