

Roberto R.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Construction Management from Sam Houston State University
- BS in Business Management from Sam Houston State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Coaching and playing rugby
- Coaching/training in boxing.
- Soccer
- Weightlifting
- Camping
- Rock climbing
- Basketball
- Nutrition



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24hourfitness.com/personaltraining

Club ID: 209