

# Leslie J.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Exercise and Sports Science from Howard Payne University
- AED (Automated External Defibrillator)
- Cooper Institute - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- 2009- 2012 broke 24 soccer records at Howard Payne University
- Assistant womens soccer coach at Austin College
- Kayaking
- Fishing
- I love any type of sport
- Being with friends and family



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 211