

Josh W.



Certified Personal Trainer
Master Trainer
Group X Instructor
Assistant Fitness Manager
Fitness Manager
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Business Management from Abilene Christian University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- 2013 Europa Super Sport 5th place Mens Physique
- 2012 Texas State Naturals 5th place Mens Physique
- 2009 Lone Star Conference Champions ACU Football
- 2012 Muscle Mania World Tour 6th place Mens Model



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 214