

Derek F.



Master Trainer
Team Member Since: 2008

Education & Certifications

- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Sports enthusiast
- Video games



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 216

