

# John D.



**Certified Personal Trainer**  
**Master Trainer**  
Team Member Since: 2011

## Education & Certifications

- BA in Business Administration from Florida International University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Paddle boarding
- Mountain biking
- Tennis
- Distance running



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 217