

Telema B.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Sports Management from Minnesota State University-Mankato
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Watch and attend sporting events
- Coach high school and college athletes
- Former collegiate athlete
- Cooking
- Traveling



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 217