

# Daniel M.



**Team Member Since: 2001**

## Education & Certifications

- BS in Exercise Physiology from University of Texas Arlington
- Cooper Institute Certified Personal Trainer
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

## Hobbies and Achievements

- Landscaping
- Spending time with family
- Working out



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 218

