

Jessica P.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2013

Education & Certifications

- BS in Kinesiology from Lone Star College
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Working out
- Spending time with my friends
- Trying new things
- Meeting new people
- Music



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 304