

Patrick B.



Certified Personal Trainer
Master Trainer
Group X Instructor
Assistant Fitness Manager
Team Member Since: 2010
Sessions Serviced: 5,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Amateur bodybuilding
- Cooking
- Family time



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining