

# Jayme R.



**Certified Personal Trainer  
Team Member Since: 2013**

## **Education & Certifications**

- BA in Psychology from University of Texas at Austin
- AED (Automated External Defibrillator)
- Cooper Institute - Personal Trainer Certification
- CPR Certification

## **Hobbies and Achievements**

- Dallas Rock N Roll 1/2 Marathon 2012



**For more info about this trainer,  
scan this code with your smart phone or visit:**

**[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)**

**Club ID: 307**