

Kristi F.



Team Member Since: 1998
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Microbiology from Texas Tech University
- AED (Automated External Defibrillator)
- Cooper Institute - Master Fitness Specialist
- Cooper Institute - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Cycling
- Hiking
- Masters Swimming



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 307

