

# Zach T.

## Education & Certifications

- BS in Exercise Sport Science from The Citadel
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Hobbies and Achievements

- Working out
- Surfing
- Hiking
- Working on cars



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 313

