

# Adriene H.



**Certified Personal Trainer  
Team Member Since: 2013**

## Education & Certifications

- BS in Exercise Science from Lamar University
- MA in Athletic Training from Stephen F. Austin
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Kickboxing
- Wrestling
- Going to the Movies



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 319