

# Chris P.



**Master Trainer**  
**Team Member Since: 2004**  
**Sessions Serviced: 10,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Personal Training Institute of Colorado - Personal Training Certification

## Hobbies and Achievements

- Motorcycles
- Football
- Hiking



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 329

