

# David O.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Sport Management from Wayne State College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

State Champion Cross Country  
Collegiate Runner  
Music  
Working Out  
Socializing



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 331