

Jessica B.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- BS in Fitness and Human Performance from University of Houston
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Dance
- Golfing
- Step aerobics and working out
- Cooking
- Reading



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Club ID: 334