

Steven L.



Certified Personal Trainer
Master Trainer
TC24 Coach
Team Member Since: 2000

Education & Certifications

- BS in Mechanical Engineering
- APEX Nutrition and Exercise
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- Professional Fitness Instructor Training - Rehabilitative Exercise Specialist

Hobbies and Achievements

- Architecture
- Dance (Club Music)
- Jogging



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 334

