

Haley L.



Master Trainer
Team Member Since: 2009
Sessions Serviced: 2,000 +

Education & Certifications

- Bachelors of Science in Marketing from Texas State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Played Collegiate D1 Volleyball
- Enjoys hiking and the outdoors
- Enjoy doing mission works
- Europa 2010 Bikini Competitor



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24hourfitness.com/personaltraining

Club ID: 337

