

# Blake C.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Criminal Justice from SIUE in MBA from Lindenwood University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Power Lifting
- Bodybuilding
- Athletic Training
- Cooking
- Helping people achieve their fitness goals



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 338