

# Chris N.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- World Instructor Training School - Personal Trainer Certification

## Hobbies and Achievements

Lacrosse  
Racquetball  
Cooking  
Swimming  
Fishing



For more info about this trainer,  
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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 338

