

# Jason G.



**Certified Personal Trainer**  
**Group X Instructor**  
**Team Member Since: 2005**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

## Hobbies and Achievements

- Bikram yoga
- Half Ironman Triathlons
- MS 150 Bike Rides
- Group X Classes



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 338