

Josh L.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Physical Education from Lindenwood
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

Basketball
Baseball
Hockey



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 339