

# Bryan S.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Physical Education/School Health from Northern Arizona University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- bodybugg® Calorie Management System Certification
- CPR Certification

## Hobbies and Achievements

- Hiking
- Rock climbing
- Recreation sports
- Sailing
- Wrestling



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 343