

Sam B.



Master Trainer
Team Member Since: 2007

Education & Certifications

- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Fitness
- Football
- Hockey



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 344

