

Harold D.



Team Member Since: 2000

Education & Certifications

- BA in Finance from University of Houston
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Tennis



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24hourfitness.com/personaltraining

Club ID: 347

