

# Michael B.

## Education & Certifications

- BA in Sound Technology from Pomona College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



**Certified Personal Trainer**  
**Team Member Since: 2008**

## Hobbies and Achievements

- Nutrition coaching
- Music production
- Creative Program Design



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 351

