

# Jason E.

## Education & Certifications

- BS in Health and Exercise Science from Colorado State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Council on Strength and Fitness - Personal Trainer



**Certified Personal Trainer**  
**Master Trainer**  
Team Member Since: 2011

## Hobbies and Achievements

- Athletic Performance Training Specialist
- Certified Golf Fitness Specialist
- Pre/Post-Operative Rehabilitation Specialist



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