

Jeffrey J.



Certified Personal Trainer
Team Member Since: 2012
Sessions Serviced:2,000 +

Education & Certifications

- Enter degree or delete this.
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- National Personal Training Institute of Colorado - Personal Training Certification

Hobbies and Achievements

- Enter Interests and Achievements here.



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 355

