

# Kim C.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BA in Elementary Education from Austin Peay State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Mountain and road biking
- Rock climbing
- Motorcycle riding
- Running and hiking
- Hanging out with friends and family



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 356