

# Alicia B.



**Certified Personal Trainer**  
**TC24 Coach**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Criminology/Sociology from Franciscan University
- CPR Certification
- International Sports Sciences Association - Strength and Conditioning Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TC24 Coach

## Hobbies and Achievements

- USAW Olympic Weightlifting
- Mixed Martial Arts
- Brazilian Jiu Jitsu
- Boxing



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 362