

# John-Michael P.



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- USA Weightlifting Certification

## Hobbies and Achievements

- Basketball
- Working out
- Spending time with my family



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 362

