

Joseph B.



**Certified Personal Trainer
Master Trainer
Team Member Since: 2013**

Education & Certifications

- BS in Kinesiology-Exercise Science from University of Houston
- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Training
- Spending time with family
- Relaxing
- Learning
- Laughing



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 362