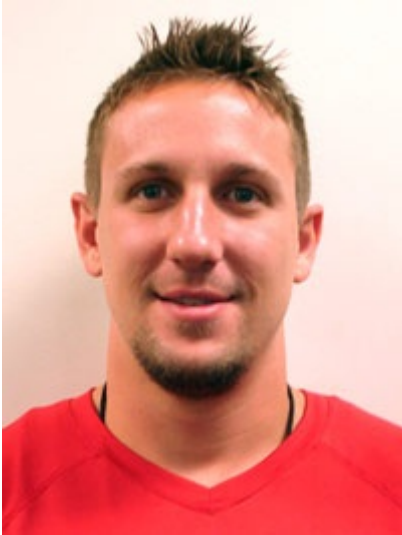


Phil W.



Certified Personal Trainer
Master Trainer
Team Member Since: 2012

Education & Certifications

- BS in Exercise Science from Sam Houston State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- USA Weightlifting Certification

Hobbies and Achievements

- Running
- Football
- Cooking
- MMA



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 362

