

# Andrew H.



**Certified Personal Trainer**  
**Team Member Since: 2011**

## Education & Certifications

- BS in Exercise Science from University of Central Missouri
- 24 Hour Fitness - Certified Personal Trainer
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Assistant Wrestling Coach Park Hill High School
- Bronze Level Certification with USA Wrestling
- Spending time with friends and family



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 364