

Jack A.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BA in Marketing from Bryant University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Functional training
- Sports performance
- Weight loss
- Boxing
- Rugby



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 369