

Elizabeth G.



Team Member Since: 2011

Education & Certifications

- BS in Marketing from Louisiana State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer
- Professional Fitness Training Association - Personal Trainer Certification

Hobbies and Achievements

- Weightlifting
- Nutrition
- Supplements
- Traveling
- Outdoor activities



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24hourfitness.com/personaltraining

Club ID: 372

